

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helmuth De lange

Has successfully participated & completed the

5km Navworld Nite Series 4

held at Zwartkops Country Club.

TIME 00:38:39

PACE 07:42/km

OVERALL 89 of 214

GENDER 49 of 90

< 13 6 of 8

13 January 2016, Wed

Date



BoutTime